

Department of Nephrology und Hypertension  
Tel. +41 31 632 31 44  
www.nephrobern.ch

**Urinary Steroid Metabolites**  
(Gas chromatography-mass spectrometry)

**Auftrag:**

- Urinary steroid metabolites<sup>1</sup> (incl. total cortisol)
- Urinary free cortisol<sup>2</sup>
- Exogenous (synthetic) glucocorticoides<sup>3</sup> (qualitative)

Invoice to:  Insurance  Patient  Requestor

Patient's Address

\_\_\_\_\_  
Physician (E-Mail/Fax)

**Known diagnosis:**

- Arterial hypertension
- Hypokalemia for unknown reasons
- Cushing's syndrome (state after surgery)
- Other: .....

**Fragestellung:**  Study

- Hyperaldosteronism .....
- Cushing's syndrome
- Adrenogenital syndrome
- Steroid hormone disorder
- Androgen excess
- Andere: .....

**Medication:**

- None
- ACEI/ARB
- Ca-antagonists
- Betablocker
- Diuretics
- Steroids (incl. exogenous): .....
- Licorice
- Other: .....

**Patientendaten:**

Blood pressure.....mmHg supine

Blood pressure.....mmHg upright

Weight.....kg                      Height.....cm

Proteinuria.....g/24h

Serum creatinine.....µmol/L

Serum potassium.....mmol/L

Adrenal mass                      yes   no

Polycystic ovary                      yes   no

**Urine:**

Date: .....                      Infectious?  yes    no

Volume: .....mL/24h                      Notes: .....

**Shipping conditions:**  
30mL of a 24h urine native, no cooling required. Analysis of acidic urine is possible.

**Urine with form to:**  
Steroidlabor Nephrologie und Hypertonie  
Kinderklinik D 825  
Inselspital  
Freiburgstrasse 15  
CH-3010 Bern  
or tube mail 2 94 76

**Inquiries:**  
Dr. med. D. Ackermann (clinical questions)                      +41/31 632 31 44  
PD Dr. rer. nat. Michael Grössl (technical questions)  
E-Mail: michael.groessler@insel.ch                      +41/31 632 94 77

<sup>1</sup> Steroid profile                      250 tax points  
<sup>2</sup> free cortisol                      60 tax points  
<sup>3</sup> exogenous glucocorticoids                      250 tax points