

Department of Nephrology und Hypertension  
 Tel. +41 31 632 31 44  
 www.nephrobern.ch

Patient's Address

**Urinary Steroid Metabolites**  
 (Gas chromatography-mass spectrometry)

**Auftrag:**

- Urinary steroid metabolites<sup>1</sup> (incl. total cortisol)
- Urinary free cortisol<sup>2</sup>
- Exogenous (synthetic) glucocorticoides<sup>3</sup> (qualitative)

.....  
 Physician (E-Mail/Fax)

Invoice to:  Insurance  Patient  Requestor

**Known diagnosis:**

- Arterial hypertension
- Hypokalemia for unknown reasons
- Cushing's syndrome (state after surgery)
- Other: .....

**Fragestellung:**  Study

- Hyperaldosteronism .....
- Cushing's syndrome
- Adrenogenital syndrome
- Steroid hormone disorder
- Androgen excess
- Andere: .....

**Medication:**

- None
- ACEI/ARB
- Ca-antagonists
- Betablocker
- Diuretics
- Steroids (incl. exogenous): .....
- Licorice
- Other: .....

**Patientendaten:**

Blood pressure.....mmHg supine  
 Blood pressure.....mmHg upright  
 Weight.....kg      Height.....cm  
 Proteinuria.....g/24h  
 Serum creatinine.....µmol/L  
 Serum potassium.....mmol/L  
 Adrenal mass      yes   no  
 Polycystic ovary      yes   no

**Urine:**

Date: .....      Infectious?  yes    no

Volume: .....mL/24h      Notes: .....

**Shipping conditions:**  
 30mL of a 24h urine native, no cooling required. Analysis of acidic urine is possible.

**Urine with form to:**  
 Marco Groppo  
 Steroidlabor Nephrologie und Hypertonie  
 Kinderklinik D 825  
 Inselspital  
 Freiburgstrasse 15  
 CH-3010 Bern  
 or tube mail 2 94 76

**Inquiries:**  
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<sup>1</sup> Steroid profile      250 tax points  
<sup>2</sup> free cortisol      60 tax points  
<sup>3</sup> exogenous glucocorticoids      250 tax points